

Cobequid Educational Centre



Student Services Staff 2022-23

Les Mullings

**Grade 9 & CEP
Inclusion Education
Counsellor**

Tom Shreve

Grade 10 Counsellor

Katie Gloade

**Grade 11 Counsellor &
International**

Susanne Nisar

Grade 12 Counsellor & IB

Jennifer Courish

Registrar

Morgan Rau

Administrative Assistant

What is a Credit?

- Most every course taken at CEC counts as **one credit** (except Math 10 and English 10 Plus)
- All students require a **minimum** of **18 credits** to graduate

What is a Semester?

- **Two semesters per year** (Sept-Jan, Feb-June). Exams at end of each semester.
- **Four courses** per semester.
- **Four 70 minute periods** per day.
- **Up to 8 credits per year (9 for those who take Music band)**

CEC Timetable

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8
8:50-10:00	A	B	C	D	A	B	C	D
Reading Period 10:00 - 10:20								
Break 10:20 - 10:30								
10:30-11:40	B	C	D	A	B	C	D	A
Lunch 11:40 - 12:30								
12:35-1:45	C	D	A	B	C	D	A	B
1:50-3:00	D	A	B	C	D	A	B	C

CEC Programs

- Options and Opportunities O2 (application & interview)
- Career Exploration Program CEP (application & interview)
- Extended Program Support EPS (recommendation required)
- Life Skills Program (recommendation required)
- International Baccalaureate (IB) (grade 11 & 12)
- Integrated French
- French Immersion

O2-Options & Opportunities

- A high school program that offers students more hands-on learning experiences with a career focus.
- Designed to prepare students for successful transitions from high school to work, a career path, or college or university.

Describing the O2 Student...

- Commits to learn in community and workplace settings
- Hands on learning experiences with a career focus
- Taking academic English or higher and Math at Work or higher

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•Highlights of the program include:

- small class sizes** for Community Based Learning 10, Career Development 10, Workplace Health and Safety 11, and Co-op classes
- field trips** to community businesses and professional settings
- field trips to post-secondary institutions such as the NSCC
- preferred seat** at the NSCC
- many **guest speakers** from various occupations in our community

Application Process for O2

1. **Application** – student applies in grade 9 year by March 29th, 2022
2. **Interview** by O2 team
3. 20 Students will be accepted with potential for reserved seat at NSCC

Career Exploration Program- CEP

- Three-year program allowing students to earn Nova Scotia High School Diploma while acquiring occupational skills with a small class setting.
- Shop options:
 - **Food Service** (Food Preparation 10/ Food Technology 10, Food Science 12, Dining Guest Services 11/12, Co-op 11, Co-op 12(2))
 - **Property Services** (Building Systems Tech. 11/12, Building System Maintenance 11/12, Skilled Trades 10, Transportation Trade 11, Manufacturing Trades 11, Co-op 11, Co-op 12(2))
- Ideal for students who like **hands-on learning** and wish to take a **trade** in college or **apprentice** after graduation
- 4 week mandatory **work placement in grades 11 and 12** (3 co-op credits toward graduation)

CEP

Highlights of the program include...

- Hands-on learning
- On-the-job training during work placement
- Opportunity to acquire First Aid, Food Handlers Certificate and WHMIS
- Experience for resume toward college and/or workforce
- Small class size (typically maximum of 20)

Application Process for CEP

- **Application** (due March 29th, 2022)
- **Interview** prior to admission
- **Register** for classes during online registration first

Integrated French

Integrated French students may choose one of two options:

- Pre-IB

OR

- Academic program

•**Six French credits** are required for a French Integrated certificate; 3 Languages courses + 3 other Fr courses. **Students must earn a minimum of two French courses each year**

•Non-PreIB will need to take Fre Int 10 & Arts Dra 10 in Grade 10, Fre Int 11 and Histoire du Canada 11 (and/or Mode de Vie 11) in Grade 11, and Fre Int 12 and Histoire Planetaire 12 or Geographie Planetaire 12 in Grade 12. Pre-IB Histoire 10 is also an option for those interested.

Integrated French

reverse side of Registration work sheet:

Pre-IB Integrated

Language & Literature 10 (formerly Eng Pre-IB 10)

Math CEC Pre-IB 10

Science CEC Pre-IB 10

Advanced Biology 11

Art Dramatique 10 INT

Integrated French 10 CEC Pre-IB

(Check Fre 10IN Pre-IB on the Special Section online form)

Histoire CEC BI Prep 10 INT

French Immersion

(see reverse side of Registration work sheet)

French Immersion students may choose one of two options:

- Pre-IB

OR

- Academic program (request academic English and/or Math)

- Must complete **9 French Immersion credits for FI certificate** (up to 5 FI credits in grade 10 year). **Students must earn at least 2 French credits each year.**

French Immersion

reverse side of Registration work sheet:

Pre-IB Immersion

Language & Literature 10 (formerly Eng Pre-IB 10)

Math CEC Pre-IB 10

SCI IMM CEC PREBI 10

Biologie Avancée 11 IMM/ Biologie 11 IMM

Art Dramatique 10 IMM

FRA IM CEC PREBI 10

Histoire CEC BI Prep 10 IMM

International Baccalaureate Diploma - IB

- Grade 11 & 12 years
- Students must be ambitious and have above average reading/academic ability
- Very well known at universities in Canada and around the world
- Focus on research, writing, critical thinking
- IB students may also complete French Immersion Diploma
- See cec.ccrce.ca for IB info, and pamphlet

Preparation for International Baccalaureate (Pre-IB) Program

(see reverse side of Registration work sheet)

If you plan to take IB in grade 11, students are **strongly recommended** to take the **Pre-IB Program**:

CEC Language & Literature 10 (formerly Eng Pre-IB 10)

CEC Pre-IB Science

CEC Pre-IB Core, Integrated or Immersion French 10

CEC Pre-IB History 10 (Ancient history) *

CEC Pre-IB Math 10

Advanced Biology 11*

Elective (Physical Education or a Fine Arts course)*

**also available in French for Immersion students*

CEC Options

- Resource Centre/Learning Strategies
(recommendation required)
- CEP Certificate
- Fine Arts Certificate
- French Students - Immersion/Integrated Certificate
- O2 Certificate
- IB Diploma or Certificate

Certificate in Fine Arts Program

- For students interested in a career or secondary education in cultural industries.
- Students must complete at least **5 courses in Fine Arts** to be eligible for the Fine Arts Certificate

CEC Supports

- African Nova Scotian Student Support
- First Nations Program Support
- Resource Centre/Learning Strategies (recommendation required)
- School Counsellors
- Schools Plus
- School Resource Officer (Truro Police)

Course Levels

- Pre-International Baccalaureate (Pre-IB)
- Academic
- Open
- Graduation
- IPP

Math Courses

- **Math Essentials 10 Grad**
- **Math at Work 10 Grad**
- **Math 10 (Full year, 2 credits) Academic**
- **CEC Pre-IB Math 10 (Full year, 2 credits) Academic**
- **Talk to your grade 9 teacher about which course may be most appropriate for you**

Math Essentials 10

- **Basic math skills with a very practical approach**
- **For students struggling significantly with Math 9**
- **One-semester course with no formal exam**

Math at Work 10

- **More challenging math concepts, but practical**
- **For students meeting outcomes of Math 9 but who have difficulty with abstract concepts such as algebra**
- **Students will need to keep up with classwork, and regularly assigned homework**
- **One-semester course with an exam worth 20% of the final grade**

Math 10

- **Abstract math concepts including algebra will be covered**
- **For students with a solid understanding of concepts in Math 9, good number sense and algebra skills**
- **Full year course completed in June (2 credits –one math, one ‘other from Science or Tech’)**
- **Homework is assigned on a regular basis**
- **Full-year course with a Provincial Exam worth 20% of the final grade**

Math 10 Pre-IB

- **Abstract math concepts, lots of algebra**
- **For students who excel in Math 9 with strong problem solving skills**
- **Fast paced course covering all topics in Math 10 in addition to the more advanced topics necessary for advanced math courses. Students will have approximately 30 minutes of math homework every night.**
- **Full-year course with a Provincial Exam worth 20% of final grade**
- **If you plan to take Pre-Cal, you should take this course**

English 10 Levels

- Language & Literature 10 Academic (replaces English 10 Pre-IB)
- English 10 Academic
- English 10 Plus (Full year course, 2 credits)
- English 10 IPP
- Talk to your grade 9 teacher about which course may be most appropriate for you

Graduation Requirements

•TOTAL OF **18 CREDITS** to earn **High School Diploma**:

- 3 ENGLISH** (one at each grade level)
- 3 MATH** (one at each grade level)
- 2 SCIENCES** (one from Sci10, Bio11, Phy11, Chem11 and one other approved Science course)
- 1 CANADIAN STUDIES** (Mks11, Acs11, Chs11)
- 1 FINE ARTS** (Art, Music, Dance, IFA or Drama)
- 1 PHYS. ED.** (PheAL, Dance , Phys.Ed, Yoga, Martial Arts, Exercise Science, Phys. Ed. Leadership)
- 1 OTHER** from Science or Tech
- 1 GLOBAL STUDIES** (Global Hist12, Global Geo12)
- No more than 7 grade 10 credits** towards 18 mandatory
- Minimum 5 grade 12 credits**

Grade 10 Course Selection

- **English 10** (Plus, Academic, Language and Literature)
- **Math** (Essentials, At Work, Academic, Pre-IB)
- **Science** (Academic, Pre-IB, Pre-BI IMM)
- **Fine Arts 10** (Art, Band, Vocals, Strings, Drama (Fr), Dance, IFA)
- **Phys Ed** (PheAL11, PheAL 11 Female, Phys Ed 10, Martial Arts 11, Dance 11)
- **2 or 3 Elective** (suggestion to take a grade 10 Social Studies course such as History or Geography to prepare for grade 11 level)

Must sign up for 8 credits

Plus**2 ALTERNATE COURSES

Course Changes

- Students are choosing courses for the full school year
- Course changes are complete as of April 14th, 2022
- If you fail a course first semester, you cannot repeat it in the second semester

Level Changes

- A different level (usually easier)
- If you are struggling in a course, see Mr. Shreve, your school counsellor
- Try to make the level change within first 5 weeks of course, pending room in the requested course

My Blueprint - Career/Life Plan

Sign up at:

Myblueprint.ca/chignecto

(activation code – cobequid)

- Surveys lead to career matches

PowerSchool

- Timetable/schedule
- Attendance
- Teacher email / contact
- Academic Progress
- Sign-up for parent/student portal on cec.ccrce.ca