

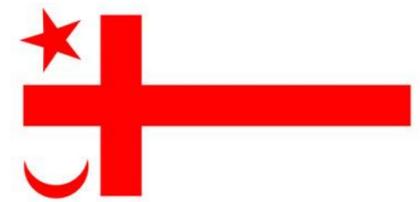
Welcome! Bienvenue! Pjila'si!

COBEQUID EDUCATIONAL CENTRE



Let's Explore >

Acknowledgements:



We acknowledge that our school is in Mi'kma'ki, the ancestral and unceded territory of the Mi'kmaq People.



We recognize that African Nova Scotians are a distinct people whose histories, legacies and contributions have continued to enrich Mi'kma'ki for over 400 years.



About CEC



- Home of the Cougars since 1970 - Grades 9-12
- CEC serves not only Truro-Bible Hill-Millbrook-Salmon River, but rural areas in Central and West Colchester County
- CEC is one of the largest high schools in the province of Nova Scotia, with approximately 1545 students and 97 teaching staff

Visit our website:
www.cec.ccrce.ca



Our Aim

Our aim is to prepare our students not only with the knowledge, skills, and attitudes essential for becoming lifelong thinkers and learners, but also to help them reach their fullest potential academically and as responsible citizens within our community.

Principal's Message

*On behalf of the CEC staff,
I would like to extend a
warm welcome to our
grade 9 and 10 students.*



Your Journey

Your years at CEC will fly by! Explore, get connected and try new things. Most importantly, reach out for support when you need it. Let's make the most of it!



ACADEMIC REQUIREMENTS

Find out what credits you need to register, graduate and to apply for post-secondary programs.

EXTRACURRICULAR ACTIVITIES

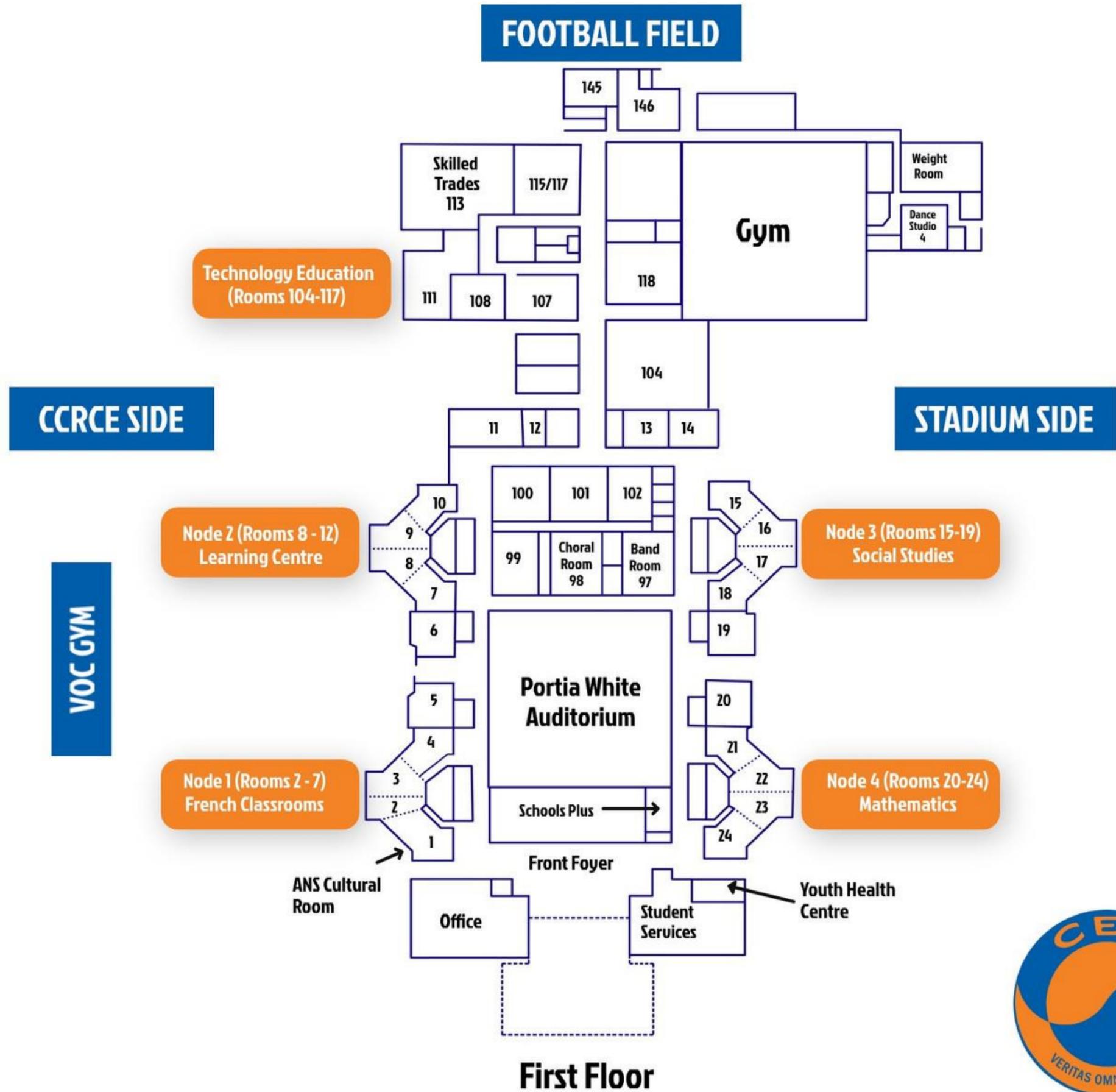
Get involved! CEC has a rich history of extracurricular, athletic, and artistic programs.

SUPPORTS

Have questions, need support or guidance? Find out where and how.

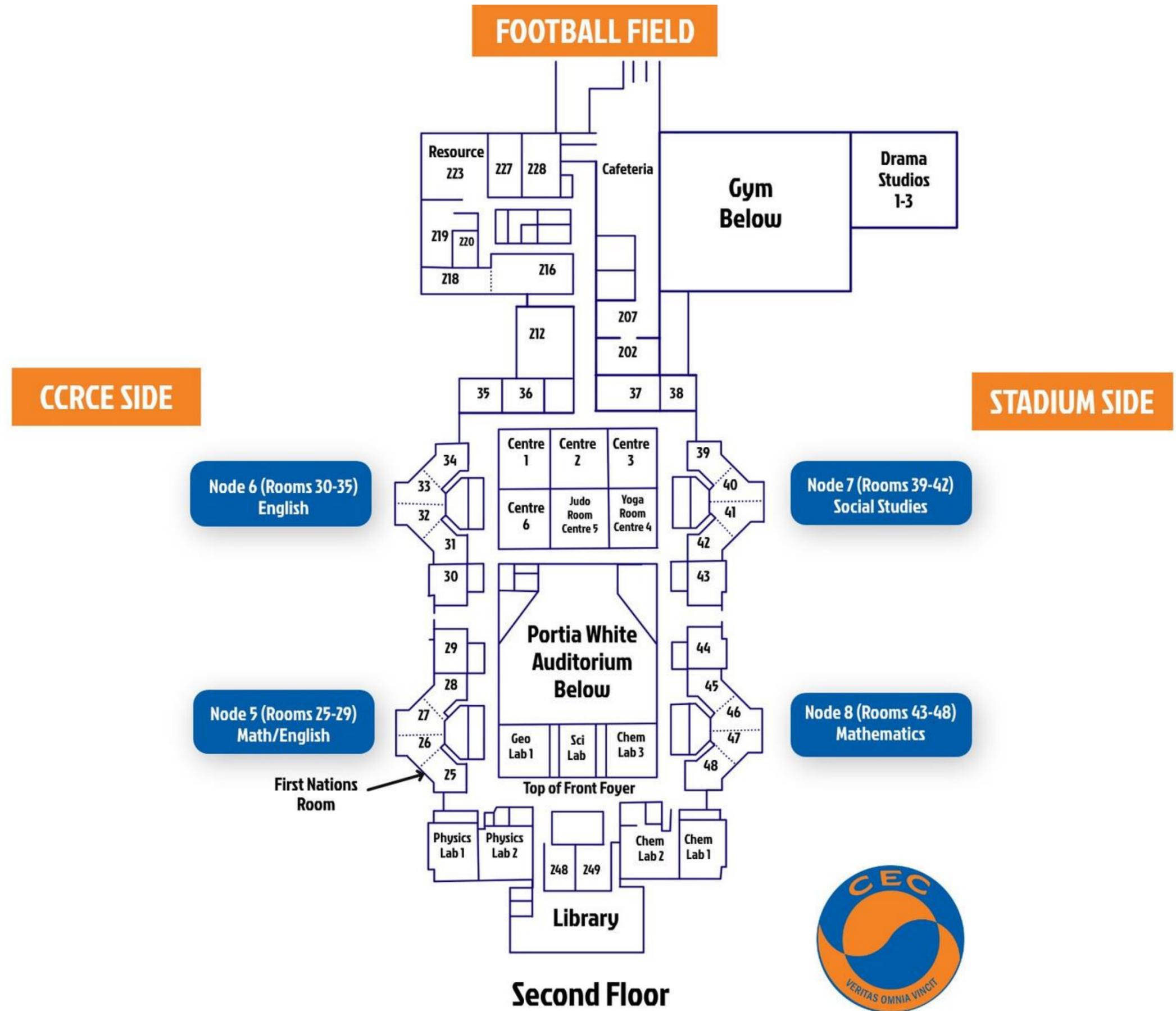
School Map

1st Floor



School Map

2nd Floor



Semesters

Instead of 3 Terms, there are 2 Semesters:

Semester 1	Semester 2
September to the end of January	February to the end of June

2 semesters

4 courses daily

70 minute classes



CEC Timetable

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8
8:50-10:00	A	B	C	D	A	B	C	D
Reading Period 10:00 - 10:20								
Break 10:20 - 10:30								
10:30-11:40	B	C	D	A	B	C	D	A
Lunch 11:40 - 12:30								
12:35-1:45	C	D	A	B	C	D	A	B
1:50-3:00	D	A	B	C	D	A	B	C

Student Services



CEC is committed to addressing the diverse needs of our students, ensuring a positive educational experience where they feel valued, connected, and supported throughout their journey.

SCHOOL COUNSELLORS

Contact Student Services to book an appointment for personal, academic, post-secondary and career counselling.

SCHOOLS PLUS

Designed to help youth and their families connect with supports and resources in the community in order to access services to meet their needs.

YOUTH HEALTH CENTRE

Committed to empowering youth to promote, maintain or improve their own health and wellness through healthy lifestyle choices.

SCHOOL RESOURCE OFFICER

Work with students, staff, parents and the community to provide a safe and secure learning environment for all.

Student Services continued...

ACADEMIC SUPPORT

Our Support Teachers develop relationships with students to assist with academic programming in/out of class, in small groups, or individually.

AFRICAN NOVA SCOTIAN SUPPORT

Designed to help youth and their families connect with supports and resources in the community in order to access services to meet their needs.

INDIGENOUS SUPPORT

Contributes to the support for Mi'kmaw and other Indigenous students to ensure success and a positive school experience.

NOVA SCOTIA WORKS LIAISON

Help families and communities to support youth in making informed career choices.

CEC



COUGARS



Get Involved!

See the Student Services site for a full list of CEC groups, clubs and teams.

**Subject to change*

How to Register:



***NEW to the AREA?**

Contact CEC Student Services

Phone: (902)896-5712

Email: raumc@ccrce.ca

FEEDER Schools:

- Bible Hill Junior High
- Central Colchester Junior High
- Truro Middle School
- West Colchester Consolidated

CEC Student Services Staff will visit each of the feeder schools in January to begin the registration process.

Course Selection Timeline

***BE SURE YOU HAVE
ACCESS TO YOUR
POWERSCHOOL ACCOUNT**

January - CEC Staff visits schools

- Course Registration booklets will be provided to students

February - Family Night Information Session

- Select your program and courses by March Break (completed online at school)

April-June - Student Tours at CEC

- Comprehensive transition meetings will be held for specific, individual students



Prior to High School...

- You should consider your post high school goals and the educational requirements necessary to achieve them.
- Select the courses and level of difficulty that will help you reach those goals.

What is a CREDIT?



You earn a CREDIT when you **successfully** complete a course.



Attendance Counts!



Students are expected to attend school every day, arriving on time and ready to learn.

Regular attendance is important and supports student success.

Students who are frequently absent, or late, are at risk for loss of course credit according to the Provincial Attendance and Engagement Policy.

High School Completion Certificate

You need a minimum
of 18 credits to
graduate.

Graduation Requirements:

Language, Communication & Expression

Science, Mathematics and Technology

Personal Development and Society

Graduation Requirements:

***You will also choose 5
ELECTIVE CREDITS**

Language, Communication
& Expression

Science, Mathematics
& Technology

Personal Development
& Society

3 English Language Arts
one at each grade level

1 Fine Arts

*Visual Arts, Drama, Art Dramatique,
Music, Integrated Fine Arts, Dance, or
Arts Entrepreneurship*

3 Mathematics
one at each grade level

2 Sciences

**1 other from
Science or Technology**

1 Physical Education

*Physically Active Living 11/Mode de Vie Actif 11,
Dance 11/12, Physical Education 10/11/12, Yoga
11, Exercise Science 12, Phys Ed Leadership 12,
Martial Arts 11*

1 Canadian History

*Mi'kmaw Studies 11, African Canadian Studies
11, or Contemporary Canadian Studies 11/
Études canadiennes contemporaines 11.*

1 Global Studies

CEC Program Options

In addition to the standard academic pathway, CEC also offers the following optional programs:

CEP

CAREER EXPLORATION PROGRAM

Ideal for students who benefit from hands-on learning and who may wish to enter directly into the workforce, trade/service courses in college, or apprentice after graduating.

*Must complete an application.
Maximum of 32 students

02

OPTIONS & OPPORTUNITIES

3-year program that offers experiential learning with a career focus. Designed to prepare students for successful transitions from high school to work, a career path, and/or a post-secondary program.

*Must complete an application.
Maximum of 20 students

CEC PRE-IB

Higher level courses to assist students in preparing for more challenging academic courses.

HIGH SKILLS MAJOR IN ARTS

Five components:

- Take at least three arts courses from the approved list (*one in Grade 10)
- Complete at least one Co-op credit in an arts environment
- Participate in community based learning opportunities
- Complete a minimum of 6 training certificates
- Complete a portfolio reflecting on the above experiences

French Options



CORE FRENCH

Designed for students who have completed Grade 9 Core French and want to continue learning the language.

**You do not need a French course to graduate with a Nova Scotia High School Certificate.*

INTEGRATED FRENCH

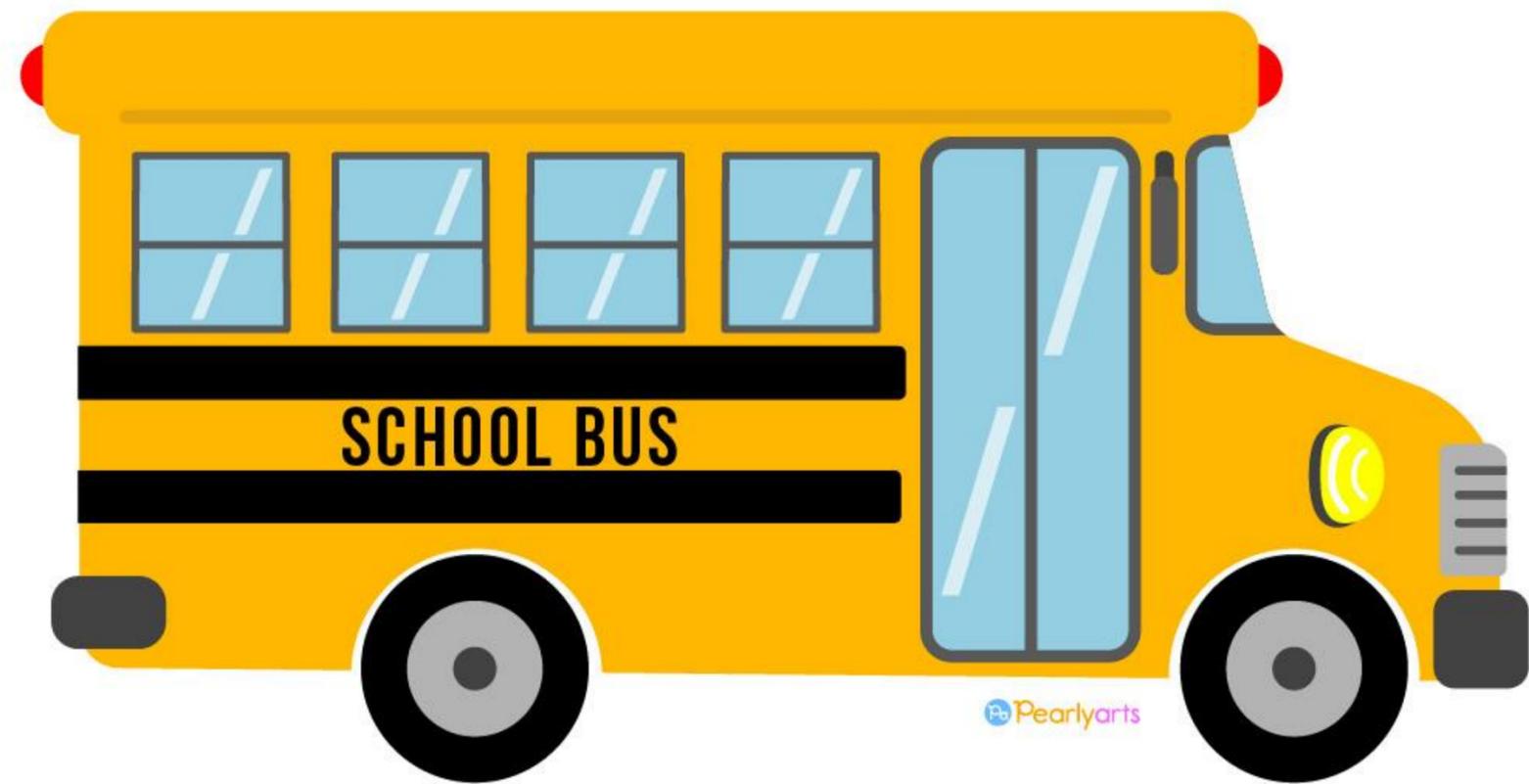
Designed for students who have completed the Grade 9 Integrated French Program.

Students who complete **6** Integrated French program credits will receive an Integrated French certificate.

FRENCH IMMERSION

Designed for students who have completed the Grade 9 French Immersion Program.

In order to receive the Provincial Certificate of Completion in Early or Late Immersion, students **MUST** complete **9** courses at the Immersion level.



WHAT ABOUT?

- Bussing
- Schedule
- The 1st day
- Lunch
- Announcements

Visit our website:
www.cec.ccrce.ca



QUESTIONS

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